

# The Ten Study Habits of Successful Students



Successful students have good study habits. They apply them to all of their classes and school subjects. Work hard to develop any study habit you haven't got yet. It won't be only an important personal achievement but it will also be a great satisfaction for your parents.

## **Successful students:**

### **1. Try not to do too much studying at one time.**

If you try to do too much studying at one time, you will get tired and your studying will be not very effective. Space the work you have to do over shorter periods of time. Taking short breaks will restore your mental energy.

### **2. Plan specific times for studying.**

Study time is any time you are doing something related to schoolwork. It can be completing assigned reading, working on a paper or project, or studying for a test. Schedule specific periods throughout the week for your study time.

### **3. Try to study at the same time each day.**

Studying at the same time each day establishes a routine that becomes a regular part of your life, just like sleeping or eating. When a scheduled study time comes up during the day, you will be mentally prepared to begin studying.

### **4. Set specific goals for every study time.**

Goals will help you to stay focused and monitor your progress. Simply to be sitting down to study has little value. You must be very clear about what you want to accomplish during your study time.

### **5. Start studying when planned.**

You may delay starting your studying because you don't like an assignment or think it is too hard. A delay in studying is called "procrastination." If you procrastinate for any reason, you will find it difficult to get everything done when you need to. You may rush to make up the time you wasted in getting started, with the result of careless work and errors.

### **6. Work on the most difficult assignment first.**

Your most difficult assignment will require the most of your effort. So start with it since this is when you have more mental energy.

### **7. Review their notes before beginning an assignment.**

Reviewing your notes, worksheets and textbooks can help you to make sure you are doing the assignment correctly and complete.

**8. Tell their friends not to call them during their study time.**

Two study problems can occur if your friends call you during your study time. First, your work is interrupted. It is not that easy to get back and start again what you were doing. Second, your friends may talk about things that will distract you from what you need to do. Here's a simple idea -turn off your cell phone during your study times.

**9. Call another student when they have difficulty with an assignment.**

This is a typical case of "two heads may be better than one."

**10. Review their schoolwork over the weekend.**

Yes, weekends should be time to have fun. But you may also devote some time to do some review and check if there are some assignments, materials to buy or tests. This will help you to be ready to go on Monday morning when another school week is beginning.

**These ten study habits can help you throughout all your educational process. Make them your own study habits.**